



SASHIKO MENDING: *SEWING WORKSHOP FOR ADULTS*



**THURSDAY
NOVEMBER 6
5:30PM-7:30PM**



**LED BY SARAH COLLEN
SEWING EDUCATOR
TROY SEW SHOP**

MiY: Mend-It-Yourself!

Sashiko is a traditional Japanese hand-stitching technique that translates to "little stabs". It is traditionally used to reinforce and mend worn clothing and textiles using simple running stitches.

